



Layton Primary School

"Growing great minds together!"



Personal Development Offer

2026 – 2027

(also refer to PSHE and RSE Curriculum)



Layton Primary School

Personal Development Offer

EYFS: Personal Development					
Experiences	Skills	Events	First aid	Staying Safe	Enrichment
✓ Class teacher visits home ✓ Parents Stay and Play at school ✓ Making currant buns/gingerbread men/bread/pizza ✓ Den building ✓ Baking on the fire pit ✓ Visit the library ✓ Make bird feeders ✓ Learn Makaton ✓ Experiments – inside and outside ✓ Themed days- Diwali, Being British, Halloween, Bonfire ✓ Bookworm assemblies ✓ Learner of the Week assemblies ✓ Hot Chocolate Friday ✓ Watching school shows ✓ Hatch chicks ✓ Make a wormery ✓ Weekly curiosity cube/memory box ✓ Pupil Leadership Team	✓ Dress myself ✓ Use the toilet independently ✓ Wash hands ✓ Take turns in work and play ✓ Tidy up ✓ Take shoes on and off. ✓ Take waterproofs on and off ✓ Use a knife and fork in the dinner hall everyday ✓ Work with a talk partner Manners focus: Say 'Please and thank you' Respond to "Good morning." With 'good morning' Respond to: "How are you today?" "I am very well thank you"	✓ Easter Eggstravaganza ✓ Talent Show ✓ Rhyme Time Concert ✓ Friendship Film Night ✓ Christmas, Halloween and Valentine's events ✓ Stay and Play sessions x 3 (including parents/carers) ✓ Safer Internet Day ✓ Phonics/Number workshop for parents/carers - event x 1 ✓ Sports day ✓ Celebrations of learning (Learner of the Week/Bookworm of the Week) ✓ Diwali Day ✓ Harvest Festival ✓ Aspirations Week	Practiced on visits and taught explicitly in the classroom: The children need to know that if there is an emergency and their parent/ carer is unwell, they must get help. How/When to Phone 999 Tell the operator: • Where you are • Who is hurt • What has happened • Where you are The children need to learn their address Understand why we use • Plasters, wipes and bandages • Sun safety activities. • Life skills • My Place in the World topic	Practiced on visits and taught explicitly in the classroom: Road Safety: ✓ Hold the hand of an adult. ✓ Walk on the side of the pavement away from the traffic ✓ Be aware that cars do appear from driveways and other hidden entrances so they must be careful even on the pavements. ✓ Emergency Vehicles ✓ Road safety practice on school trips ✓ Visit from the police includes road safety	✓ Perform in St Mark's Church at Christmas Time ✓ Grandparents' Day ✓ Mum and baby visit ✓ Dental nurse visit ✓ Fireman visit ✓ Neo-natal nurse visit ✓ Library twice per year ✓ Farmer Parr's Farm ✓ Imagine That Museum, Liverpool ✓ Naughty Bus tour of Blackpool Landmarks. ✓ Aspirations Week – People Who Help Us

✓ Earning Class Dojo rewards – bronze, silver, gold, platinum			including the nurse visit Key Black - provided by school Purple - provided by NHS School Nursing Team Blue - provided by qualified instructors from Safe Haven Training First Aid Company. Green - provided by NorthWest Ambulance		
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Growing Great Minds Together

Layton Primary School

Personal Development Offer

<u>Year 1: Personal Development</u>					
Experiences	Skills	Events	First aid and Health	Staying Safe	Visits/ Visitors
✓ Baking bread ✓ Harvesting fruit from the orchard ✓ Make apple bird feeders ✓ Monitor the weather station all year ✓ Growing a sunflower and vegetables ✓ Making pancakes on Shrove Tuesday ✓ Earning Class Dojo rewards – bronze, silver, gold, platinum ✓ Pupil Leadership Team	✓ Know the days of the week and months of the year – song ✓ Preparing fruit salad ✓ Litter picking on the playground ✓ Turn taking at lego club ✓ Tying own shoelaces or own buckles ✓ Contribute to the Pupil Leadership Team ✓ Talk partners in the dialogic teaching classroom Manners focus: Respond to “Good morning.” With ‘good morning’ Respond to: “How are you today?” “I am very well thank you. How are you?”	✓ Harvest Festival ✓ Bookworm of the week/ Bookwork of the Half Term. ✓ Learner of the Week/Learner of the Half Term ✓ Christmas Concert ✓ BSYW Christmas Assemblies ✓ Christmas Party ✓ Mental Health Week ✓ Comic Relief Day ✓ Children in Need ✓ World Book Day ✓ Father Christmas Visit	Whole school delivery of basic first aid training during Health/Sport’s Week. The children need to know that if there is an emergency and their parent/ carer is unwell, they must get help. How/When to Phone 999 Tell the operator: • Where you are • Who is hurt • What has happened • Where you are The children need to learn their address Y1 First Aid Talk (3 x 30 mins for each class of 30 children) on • Generic first aid • How to clean wounds, • Use of plasters, • Minor injuries and cuts/grazes and bruises.	Children are to learn how to cross a road safely. They should: ✓ Always cross the road with an adult. ✓ Choose a safe place to cross and explain why it is safe. ✓ Always try to use a pedestrian crossing or a crossing patrol. ✓ Never cross between parked cars ✓ Remind their parents about the Green Cross Code. (stop at the kerb, look both ways, listen for traffic before crossing) Practice this during Health and Sport’s Week	✓ Annacliffe Rest Home Visit to sing to the residents and deliver letters to Miss Nancy ✓ Geography local area walk to look at the purposes of the buildings ✓ Aspirations Week ✓ Dementia Club at the library – weekly visit of 8 children in half termly slots ✓ Visit to the library ✓ Stanley Park visit – science based on habitats ✓ Blackpool Zoo ✓ Tower Circus and trip on the train ✓ Fleetwood Museum ✓ Halle music orchestra workshop

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<u>Year 2: Personal Development</u>					
Experiences	Skills	Events	First aid and Health	Staying Safe	Enrichment
✓ Making pumpkin soup ✓ Make healthy snacks using knowledge of the Eatwell Plate ✓ Hatch stick insects and care for them in the classroom. ✓ Use Lego We Can Do Kits ✓ Coding using the spheres ✓ Make a moon buggy ✓ Pupil Leadership Team ✓ Earning Class Dojo rewards – bronze, silver, gold, platinum	✓ Share ideas into the Pupil Leadership Team ✓ Debate in the dialogic teaching classroom ✓ Perform at the Christmas Concert ✓ Perform a rap at World Book Day ✓ Tie own shoelaces Manners focus: As previous years and: Hold doors open for adults and peers around school.	✓ Harvest Festival ✓ Bookwork of the week/ Bookwork of the Half Term. ✓ Learner of the Week/Learner of the Half Term ✓ Christmas Concert ✓ BSYW Christmas Assemblies ✓ Christmas Party ✓ Mental Health Week ✓ Comic Relief Day ✓ Children in Need ✓ World Book Day ✓ Father Christmas Visit	Whole school delivery of basic first aid training during Health/Sport's Week. If they have a nosebleed, they must: • Sit up straight • Tilt their head forwards • Pinch the soft part of their nose for 10 minutes. • If it doesn't stop, after 10 mins, call 999. Sun safety training in Health and Sport's Week and as part of PSHE curriculum. • Why we need sunscreen • Where to apply it • Link to seasons; which months it will be needed Y2 Air Ambulance Talk 30 minutes talk (90 children) and then more interactive 20 mins or so with each class - 3 x 30 minutes. Focusing on • How and when to call for help.	Children are to learn how to cross a road safely. They should: ✓ Always cross the road with an adult. ✓ Choose a safe place to cross and explain why it is safe. ✓ Always try to use a pedestrian crossing or a crossing patrol. ✓ Never cross between parked cars ✓ Remind their parents about the Green Cross Code. (stop at the kerb, look both ways, listen for traffic before crossing) Practice this during Health and Sport's Week	✓ River Wyre visit ✓ Aspirations Week ✓ Raise money for a charity of their choice. ✓ Stanley Park visit – following their own map ✓ United Kingdom Day ✓ Buying fruit from the local shop to make smoothies, ✓ Dentist visit and dental hygiene

			• Why air ambulances are needed • Ensuring adults know where they are when playing out somewhere • To stay calm		
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Year 3: Personal Development					
Experiences	Skills	Events	First aid and Health	Staying Safe	Enrichment
✓ Watch Royal Ballet performance at the Globe Theatre. ✓ Take part in weekly ballet workshop for the Autumn Term ✓ Visit the local water tower ✓ Remembrance Day ✓ Harvest Festival ✓ Samba workshop for a term per class. ✓ Pupil Leadership Team ✓ Earning Class Dojo rewards – bronze, silver, gold, platinum	✓ Walking independently from the gate to the classroom ✓ Learning a new instrument ✓ Access to peripatetic music lessons – drum, violin, piano, wind, brass instruments Manners focus: Holding doors and letting adults through first. Saying “Good morning and How are you?” to adults and peers alike. (without prompting).	✓ Stone Age Day ✓ Harvest Festival ✓ Bookworm of the week/ Bookworm of the Half Term. ✓ Learner of the Week/Learner of the Half Term ✓ Christmas Party ✓ Mental Health Week ✓ Comic Relief Day ✓ Children in Need ✓ World Book Day ✓ Dance Festival ✓ Schools Alive ✓ Let’s Go Sing Concert	Whole school delivery of basic first aid training during health week/Sport’s Week. The children need to know that if there is an emergency and their parent/ carer is unwell, they must get help. How/When to Phone 999 Tell the operator: • Where you are • Who is hurt • What has happened • Where you are How to respond to finding an injured person or an unresponsive person, who does not move or answer you. If someone is unresponsive, to check they are breathing you must: • Send someone for help • Gently tilt the person’s head back to open their airway • Look, listen and feel for breaths • If they are not breathing tell an adult and call 999 If someone is unresponsive and breathing • Send someone for help	The children must be taught how to cross the road safely (when out on visits). They must: ✓ Always use the Green Cross Code ✓ Wait at the kerb by the crossing so that drivers know they want to cross ✓ At a signal crossing, press the button and wait for the green man to light up and never walk out while the red man is showing, even if the cars have stopped or other people are crossing ✓ Always walk over the actual black and white stripes of a crossing - many accidents happen around crossings ✓ Never cross the road while using their mobile phone or while listening to music on headphones ✓ Stay alert at all times, remember cyclists and motorcyclists use the roads as well as drivers	✓ Manchester Museum for the Egyptians ✓ Ingleborough Caves. ✓ Visit to the water tower ✓ Visit to Marton Mere (Southport) and Martin Mere (Blackpool) ✓ Globe theatre to watch the Royal Ballet ✓ Greek Day

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			• Turn them on their side • Tip their head back • Tell an adult and call 99		
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Year 4: Personal Development					
Experiences	Skills	Events	First aid and Health	Staying Safe	Enrichment
✓ Fit to Go with Blackpool Football Club ✓ Access to peripatetic music lessons – drum, violin, piano, wind, brass instruments ✓ Remembrance Day ✓ Harvest Festival ✓ Samba workshop for a term per class. ✓ Pupil Leadership Team ✓ Earning Class Dojo rewards – bronze, silver, gold, platinum	✓ Walking independently from the gate to the classroom ✓ Learning a new instrument Manners focus: Holding doors and saying Good morning to adults and peers alike.	✓ Harvest Festival ✓ Bookworm of the week/ Bookworm of the Half Term. ✓ Learner of the Week/Learner of the Half Term ✓ Christmas Concert ✓ BSYW Christmas Assemblies ✓ Christmas Party ✓ Mental Health Week ✓ Comic Relief Day ✓ Children in Need ✓ World Book Day ✓ Dance Festival ✓ Schools Alive ✓ Let's Go Sing Concert	Whole school delivery of basic first aid training during health week/Sport's Week. How to respond to finding an injured person or an unresponsive person, who does not move or answer you. If someone is unresponsive, to check they are breathing you must: • Send someone for help • Gently tilt the person's head back to open their airway • Look, listen and feel for breaths • If they are not breathing tell an adult and call 999 If someone is unresponsive and breathing • Send someone for help • Turn them on their side	The children must be taught how to cross the road safely (during visits out of school). They must: ✓ Always use the Green Cross Code ✓ Wait at the kerb by the crossing so that drivers know they want to cross ✓ At a signal crossing, press the button and wait for the green man to light up and never walk out while the red man is showing, even if the cars have stopped or other people are crossing ✓ Always walk over the actual black and white stripes of a crossing - many accidents happen around crossings ✓ Never cross the road while using their mobile phone or while listening to music on headphones ✓ Stay alert at all times, remember cyclists and	✓ Grosvenor Museum for the Romans ✓ Poet for the day – Nathan Parker and Ian Bland. ✓ Grand Theatre Pantomime ✓ Regular visits to a library ✓ Buddhism temple visit ✓ Brass peripatetic lesson – all cohort

			• Tip their head back • Tell an adult and call 99 Y4 1st Aid Talk (3 x 30 mins for each class of 30 children) on • Wounds and bleeding, • CPR • Recovery position. Puberty talk for both Y4 boys and girls (3 x 30 mins with each class) - generic puberty physical and emotional changes. Focusing on • Sweating/Washing • Physical changes	motorcyclists use the roads as well as drivers	
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Year 5: Personal Development					
Experiences	Skills	Events	First aid and Health	Staying Safe	Enrichment
✓ Fit to Go with Blackpool Football Club ✓ Access to peripatetic music lessons – drum, violin, piano, wind, brass instruments ✓ Remembrance Day ✓ Harvest Festival ✓ Samba workshop for a term per class. ✓ Pupil Leadership Team ✓ Earning Class Dojo rewards – bronze, silver, gold, platinum	✓ Walking independently to and from school if have permission ✓ Learning a new instrument ✓ Announcing Hot Chocolate Friday event over whole school tannoy system Manners focus: Holding doors and saying Good morning to adults and peers alike.	✓ Harvest Festival ✓ Bookworm of the week/ Bookworm of the Half Term. ✓ Learner of the Week/Learner of the Half Term ✓ Christmas Concert ✓ BSYW Christmas Assemblies ✓ Christmas Party ✓ Mental Health Week ✓ Comic Relief Day ✓ Children in Need ✓ World Book Day ✓ Dance Festival ✓ Schools Alive ✓ Let's Go Sing Concert	Whole school delivery of basic first aid training during health week/Sport's Week. The children need to know that if there is an emergency and their parent/ carer is unwell, they must get help. How/When to Phone 999 Tell the operator: • Where you are • Who is hurt • What has happened • Where you are Children experience First Aid training within PSHE lessons in the Summer term from class teachers. - When to use a plaster • When to use a bandage • When to call for help • Never putting themselves in danger; their own life take priority. • Recapping the recovery positions and use of ABC.	The children must be taught how to cross the road safely (out on visits) They must: ✓ Always use the Green Cross Code ✓ Wait at the kerb by the crossing so that drivers know they want to cross ✓ At a signal crossing, press the button and wait for the green man to light up and never walk out while the red man is showing, even if the cars have stopped or other people are crossing ✓ Always walk over the actual black and white stripes of a crossing - many accidents happen around crossings ✓ Never cross the road while using their mobile phone or while listening to music on headphones ✓ Stay alert at all times, remember cyclists and motorcyclists use the roads as well as drivers.	✓ Geography local area walk ✓ Poet for the day – Nathan Parker and Ian Bland. ✓ Jodrell Bank – linked to Earth and Space learning in science. ✓ Turton Tower – Tudor visit ✓ Little Zoo to You – Science ✓ Guitar lessons – all cohort

			Puberty talk for both boys and girls (Initial all together then 2 groups of 45 for boys and girls separately) - puberty physical and emotional changes. Focusing on • How the body sweats more and washing to combat this • Keeping skin clean and hair brushed • Periods, products • Emotions • Wet dreams		
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Year 6: Personal Development					
Experiences	Skills	Events	First aid	Road Safety	Enrichment
✓ Access to peripatetic music lessons – drum, violin, piano, wind, brass instruments ✓ Remembrance Day ✓ Harvest Festival ✓ Show casing school for visitors e.g. Parents' Evening, Whole School Open Evening, new starters show around, recruitment experiences ✓ Bikeability ✓ Pupil Leadership Team ✓ Earning Class Dojo rewards – bronze, silver, gold, platinum	✓ Walking independently to and from school if have permission ✓ Learning a new instrument ✓ Announcing Hot Chocolate Friday event over whole school tannoy system ✓ Running events in school as part of Pupil Leadership Team ✓ Prefects that support each year group team throughout school ✓ Children support in pupil's playtime in KS1 Playground. Manners focus: Holding doors and saying Good morning to adults and peers alike.	✓ Harvest Festival ✓ Bookworm of the week/ Bookworm of the Half Term. ✓ Learner of the Week/Learner of the Half Term ✓ Christmas Concert ✓ Christmas Party ✓ Mental Health Week ✓ Comic Relief Day ✓ Children in Need ✓ World Book Day ✓ Young Carers Day ✓ Dance Festival ✓ Schools Alive ✓ Let's Go Sing Concert ✓ Unstoppable- Blackpool Football Club ✓ High School transition day(s)	Whole school delivery of basic first aid training during health week/Sport's Week. If someone is unresponsive and breathing • Send someone for help • Turn them on their side • Tip their head back • Tell an adult and call 999 If someone is chocking • 5 back slaps • How and where to complete the back slaps • Calling for help • Keeping their own life safe as a priority Y6 1st Aid Talk (3 x 40 mins for each class of 30 children) on • Use of (AED) Defibrillator,	The children must be taught how to use the road safely with their bicycles. All children take part in Bikeability training, children learn to: ✓ Start and stop with more confidence ✓ Pass stationary vehicles parked on a road ✓ Understand the road: signals, signs and road markings ✓ Negotiate the road: including quiet junctions, crossroads and roundabout ✓ Share the road with other vehicles	✓ Residential visit – October of YEAR 6 ✓ Poet for the day – Nathan Parker and Ian Bland. ✓ St Mary's High School – science labs heart dissection ✓ Lancaster University - British Values ✓ Imperial War Museum ✓ School Council – Symposium ✓ STEM heart dissection @St Mary's High School

			• Choking • Minor burns and scalds, • First aid in the community, • Calming people • Calling for help, • Staying with them. Puberty talk for both boys and girls (Initial all together then 2 groups of 45 for boys and girls separately) - Focusing on Life Cycles • How babies are made • How babies are protected in the womb • Birth of a baby		
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